

COMMUNITY OUTREACH & SUPPORT SERVICE

CARE PLAN

NAME: Kevin McGowan

**ADDRESS: 8 Fergus Drive
Fancy Farm
Greenock**

DATE OF BIRTH: 9.4.86

DATE OF ADMISSION: 7.6.00

STATUTORY ORDER: 70(1)

KEYWORKER: Bill Miller

KEYTUTOR: Ann Cardie

SOCIAL WORKER: Harry Scott

OTHER AGENCIES INVOLVED:

DATE OF THIS CARE PLAN:

DATE FOR REVIEW OF THIS CARE PLAN: Jan 2001

ISSUES IDENTIFIED FROM BACKGROUND INFORMATION / PRE-ADMISSION VISITS

What particular health needs does the young person have? Do they require any medication? Do they have any special dietary requirements?

HEALTH Kevin appears to be a fit young male. He is taller than average for his age, this leads people to believe he is older than he actually is. Kevin is a smoker and has admitted using cannabis and alcohol. The writer believes that he may have experimented with other drugs as well.

Kevin has not formed meaningful relationships with staff or peers; he also appears to have difficulties with cognitive reasoning and realising the consequences for his actions. There may be some underlying organic or psychological cause for this.

ISSUE / AIM	STRATEGIES FOR EFFECTING CHANGE	PERSON(S) RESPONSIBLE	TARGET DATE
1. To explore his alcohol and drug misuse.	1. a) Through group work b) individual sessions	Kevin / groupworkers Kevin & keyworker	On going On going
2. To reduce above.	2. a) By introducing more socially acceptable activities b) Social education c) Encouraging Kevin to look at the long term effects of alcohol and drug misuse	“ “ “ “ “ “	“ “ “
3. To check if there is an underlying organic reason for him not fully developing his cognitive skills.	3. Appropriate assessment by G.P.	Kevin & Parents	Nov 2000

ISSUES IDENTIFIED FROM BACKGROUND INFORMATION / PRE-ADMISSION VISITS

What / learning / education / training / employment needs does the young person have?

EDUCATION Kevin has been excluded from mainstream and other Education resources. During the time Kevin spent undergoing a residential assessment, he was fairly motivated and settled in Education. However, after he became a day pupil he lost all motivation for his schoolwork.

Kevin is generally functioning at Level C where Level E would be more age appropriate.

ISSUE / AIM	STRATEGIES FOR EFFECTING CHANGE	PERSON(S) RESPONSIBLE	TARGET DATE
1. To help Kevin realise that Education is important to him	1. By introducing Kevin to differing areas where education is important i.e. employment, social and domestic situations	Key worker / teachers	On going
2. Increase is motivation to learn.	2. Making education more relevant to him	Teachers	On going
3. Increase his attendance	3. Through 1 & 2 and by increasing his self esteem.	Key worker / teachers	On Going
4. To raise his work to level D	4. This will follow when the above have taken place.		

ISSUES IDENTIFIED FROM BACKGROUND INFORMATION / PRE-ADMISSION VISITS

What needs does the young person have with regard to developing / maintaining / changing relationships with parent(s), siblings, other relatives?

HOME Kevin's parents present as being very caring and a struggling to cope with his defiant behaviour. They have asked for more help in dealing with this. Kevin appears to have little invested in his home, he frequently does not return home for several days at a time.

ISSUE / AIM	STRATEGIES FOR EFFECTING CHANGE	PERSON(S) RESPONSIBLE	TARGET DATE
1. Improve parenting skills.	1a. Alice and Paddy to attend parenting group. b. Support to discuss feelings and issues.	Alice & Paddy Above / key worker	late Oct 2000 On going.
2. Kevin to accept that he requires an appropriate level of control from his parents.	2. To encourage Kevin to talk through incidents, with appropriate people and to look at the consequences of his actions	Kevin, Parents, Key worker & F.S.W.	On going

ISSUES IDENTIFIED FROM BACKGROUND INFORMATION / PRE-ADMISSION VISITS

What needs does the young person have with regard to developing / maintaining / changing relationships with peers / residents / figures of authority within the community? Issues / areas of risk?

COMMUNITY Kevin has superficial friendships with his peers and older members of the community, these have lead to involvement in inappropriate activities e.g. drinking, smoking cannabis. As Kevin does not discuss what he does in the community it is hard to gain a clear picture of how he is spending his time. He does not regularly come to the attention of the local Police for offending behaviour. However, his profile is rising ad his parents have had to report him missing more frequently.

Historically and currently Kevin has difficulty in responding to limits and boundaries placed on him by people in authority i.e. parents, teacher's etc.

ISSUE / AIM	STRATEGIES FOR EFFECTING CHANGE	PERSON(S) RESPONSIBLE	TARGET DATE
1. To reduce the risk Kevin places himself at.	1.To encourage Kevin to talk through incidents, with appropriate people and to look at the consequences of his actions	Kevin, Parents, Key worker & F.S.W.	On going
2. To seek more appropriate ways of spending his time.	2. Introducing Kevin to more appropriate way of spending his leisure time.	As above	On going

ISSUES IDENTIFIED FROM BACKGROUND INFORMATION / PRE-ADMISSION VISITS

What needs does the young person have with regard to interaction with peers / others and in developing skills in social situations?

RELATIONSHIPS / SOCIAL SKILLS Kevin has a tendency to remain on the periphery and does not engage in meaningful relationships. (Refer to health section for possible cause)

ISSUE / AIM	STRATEGIES FOR EFFECTING CHANGE	PERSON(S) RESPONSIBLE	TARGET DATE
1 To assist Kevin in making and sustaining meaningful relationships.	1a Link with self esteem b. To coach Kevin through situations where he needs to respond appropriately i.e. planning activities, negotiating within education	Kevin / Key worker " " "	On going On going

ISSUES IDENTIFIED FROM BACKGROUND INFORMATION / PRE-ADMISSION VISITS

What needs does the young person have in developing a positive identity? Consider issues regarding gender, disability, sexuality, religion, culture, language, self-worth, knowledge and understanding of own and family circumstances.

IDENTITY The writer would suggest that Kevin has a low feeling of self worth, he finds it difficult to become motivated or to identify positive aspects of his life.

ISSUE / AIM	STRATEGIES FOR EFFECTING CHANGE	PERSON(S) RESPONSIBLE	TARGET DATE
1. To improve self esteem	1. Set achievable tasks using solution focused strategies.	Kevin, Parents, Key worker & F.S.W.	On going
2.To build positive feeling towards education.	2. key tutor	Key tutor	On going

ISSUES IDENTIFIED FROM BACKGROUND INFORMATION / PRE-ADMISSION VISITS

What needs does the young person have in developing self-care skills?

SELF-CARE SKILLS Kevin appears to have developed appropriate self-care skills for his chronological age, although he does very little about the house.

ISSUE / AIM	STRATEGIES FOR EFFECTING CHANGE	PERSON(S) RESPONSIBLE	TARGET DATE
1 Maintain and develop current level	Parenting relationship	Kevin and parents.	

This Care Plan has been discussed with the following people who agree with the plan, except in any areas noted below.

	Signature	Date
Young Person		
Mother		
Father		
Keyworker		

Where applicable:- Other professionals (specify)

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Please note and explain any disagreements with any areas of the plan and any further action that is required.

I have checked this Care Plan for accuracy and completeness.

Signed..... Name.....(Block capitals)

Date.....